# SPORTS-FOR NATURE REPORT 2023

τhink sport





### contents

Methodology	3
Overview	4
Key findings	6
Words to describe nature	16
Differences	17
Appendix	19



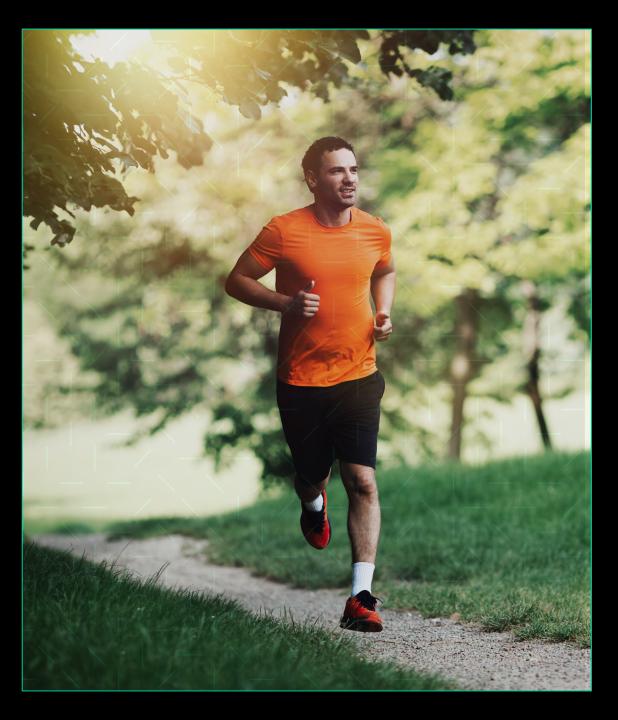
### methodology

A survey was used to generate insights into the relationship between nature and sports.

The survey consisted of 18 questions. It was completed by people who interacted with the Redtorch stand at the SPOT event in 2023 (n=170).

Data – gained via a mix of open, semi-structured and closed questions – was collected primarily to discover the views of respondents about the relationship between nature and sports. To increase survey completions, the same questions were emailed after the event to those on the ThinkSport database.

Demographic data was also collected to gain a better understanding of the representation/diversity of participants.



### overview

Individuals in the sports industry have a strong awareness (65%) of 'sports and nature' through featured media coverage.

Understanding/perceptions of how 'nature' is defined differs between age groups: 18–34 year-olds associate it with conservation themes (environment, biodiversity, green); older age groups associate it more with themes of wellness (health, life, freedom) and nature enthusiasm (beauty, inspiration, peace).

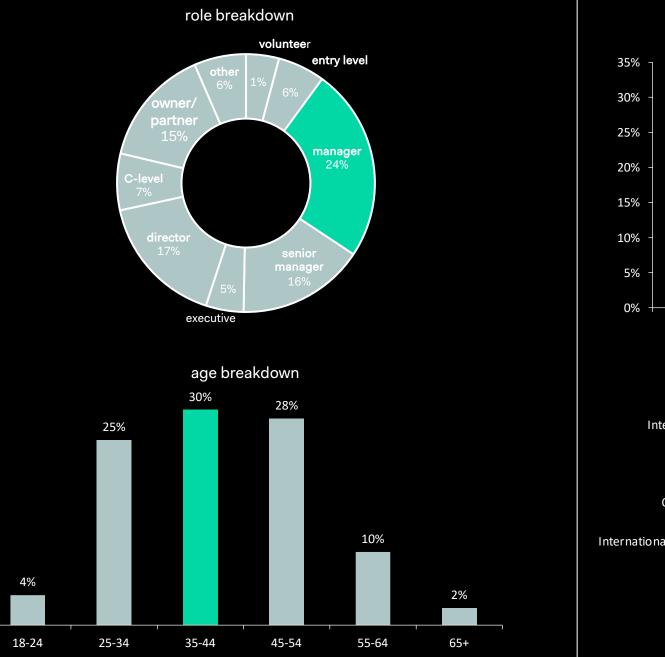
While perceptions about elements of the sports industry's role in nature differ between age groups, the overall shared consensus is that more can be done within the industry to respect nature.

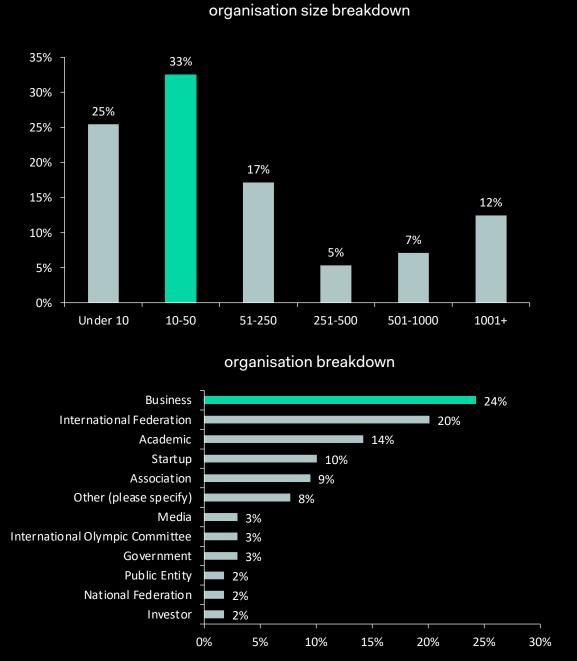
46% believed their organisation should do more to create awareness/action for nature in sport.

Only 22% reported that discussions concerning biodiversity were frequently brought up within their organization.

While older age groups foster a shared agreement that their organisation already promotes nature education in sport, only 32% of 18–34 yearolds declared their organisation to be an advocate on this topic, and a further 17% that it does not actively promote it.

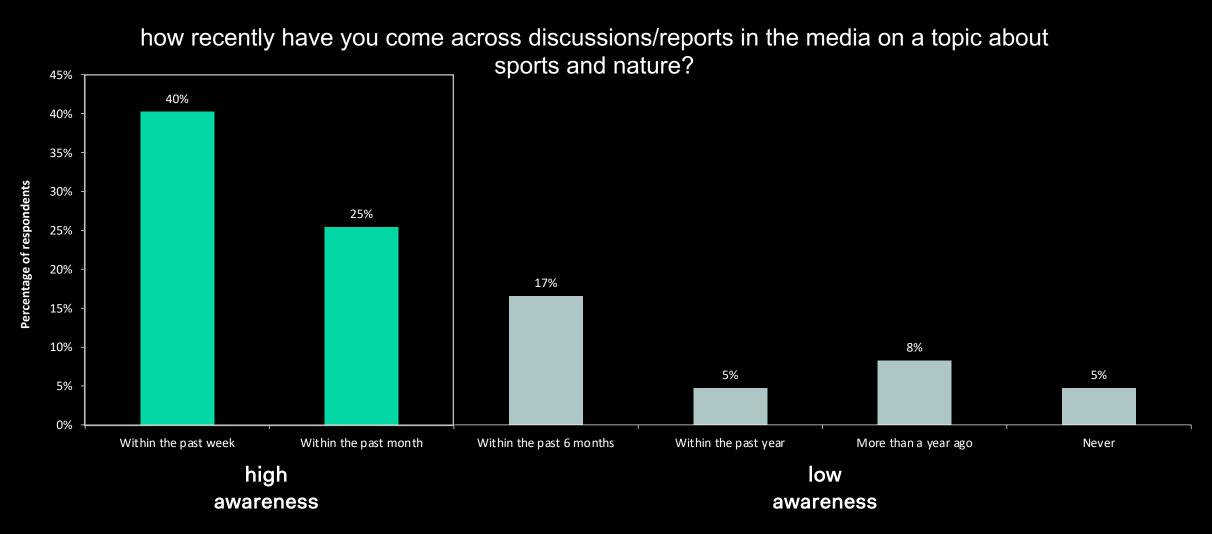
There are improvements to be made around the awareness of regulations that govern environmental protection in the sports industry: 50% of respondents were are not aware of them/believe they are not in place.





170 participants took part in the survey

### awareness of 'sports and nature' is high: 65% of respondents have encountered media about the subject

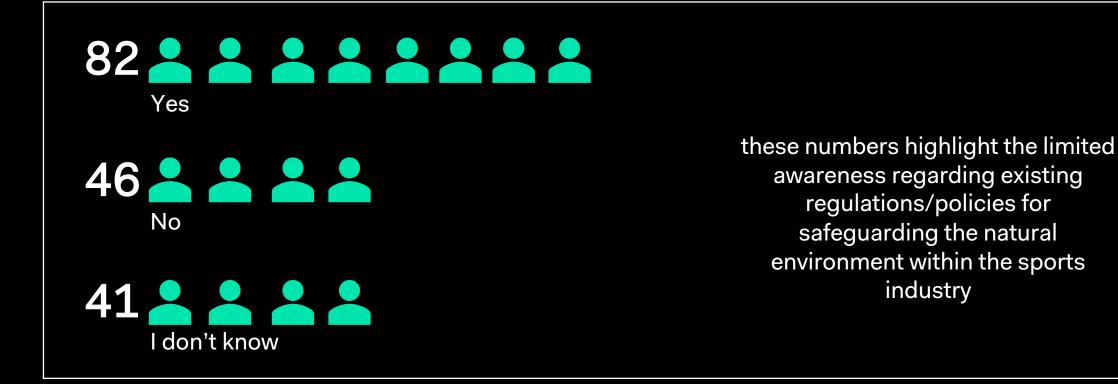


source: The Spot Audience Survey 2023, sample n = 170.

## the majority believe regulations are not in place, or they don't know about them

24% reported they did not know if there were regulations/policies already in place to protect nature within their sport/industry.

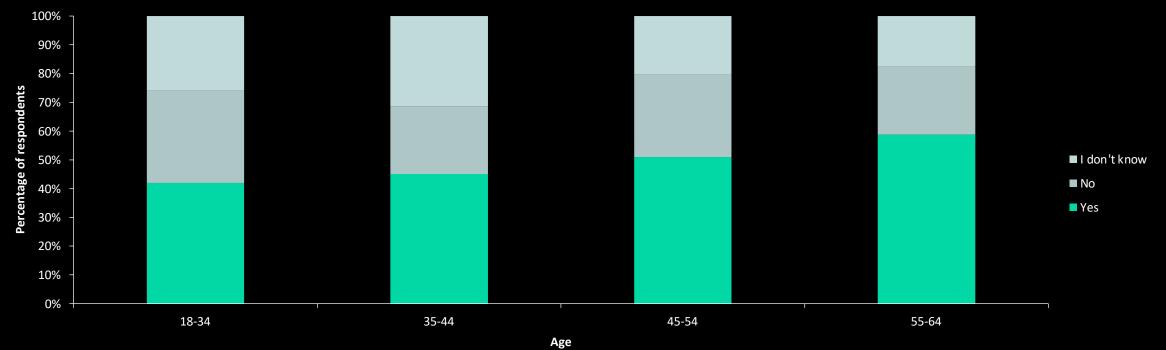
Are there regulations/policies governing the protection of the natural environment already in place within your sport/industry?



## significant age group differences exist in understanding natural environment regulations

43.5% of 18–44 year-olds said 'yes' to knowing about existing natural environment regulations in their sport/industry, compared to 54.5% of 45–64 year-olds. This indicates a correlation between age and an understanding of regulations/policies in effect.

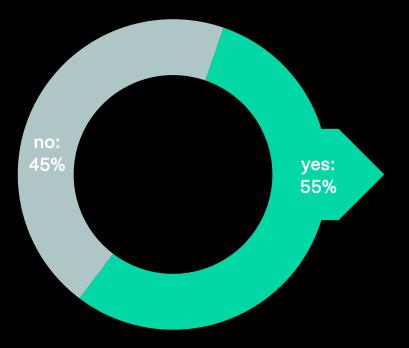
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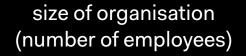


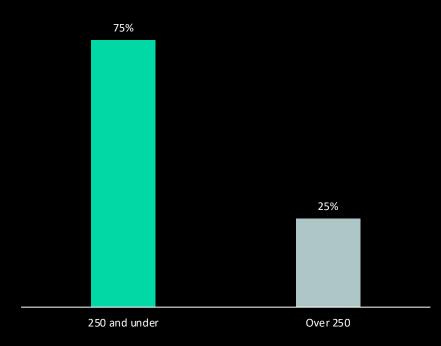
#### a majority from smaller organisations (over 50%) feel that biodiversity is often brought up in conversation

45%, however, feel that their organisation may not have enough time/resources to address environmental issues.

does your organisation have enough time/resources to address environmental issues?



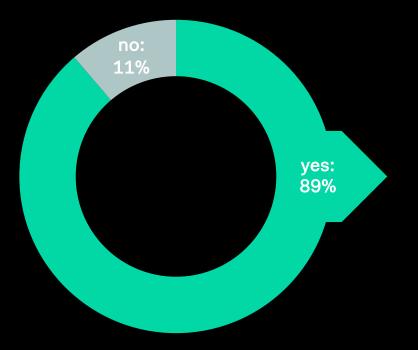




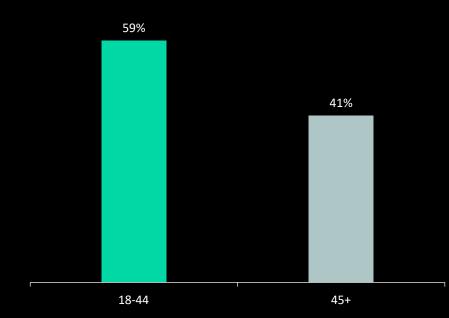
## the majority agree that more can be done within the sports industry to respect nature

This sentiment is largely driven by 18–44-year-olds.

do you believe the sports industry can do more to respect nature?







## most people believe their organisation should do more to create awareness/action for nature in sport

**46.1% of respondents** expressed the view that their organisation should enhance efforts in educating/fostering heightened awareness/action for nature within both the realm of sport and broader communities.

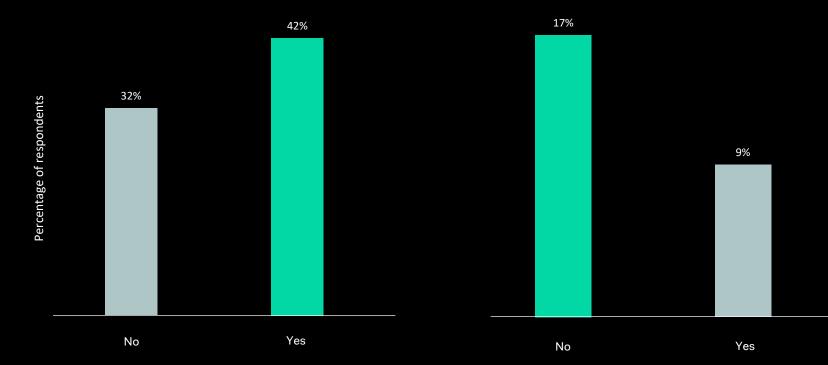
Additionally, **13.5% of participants** reported that their organisations currently do not engage in such educational/inspirational initiatives.



## 42% of the older age group have a more favourable perception in agreeing that their organisation promotes nature education in sports

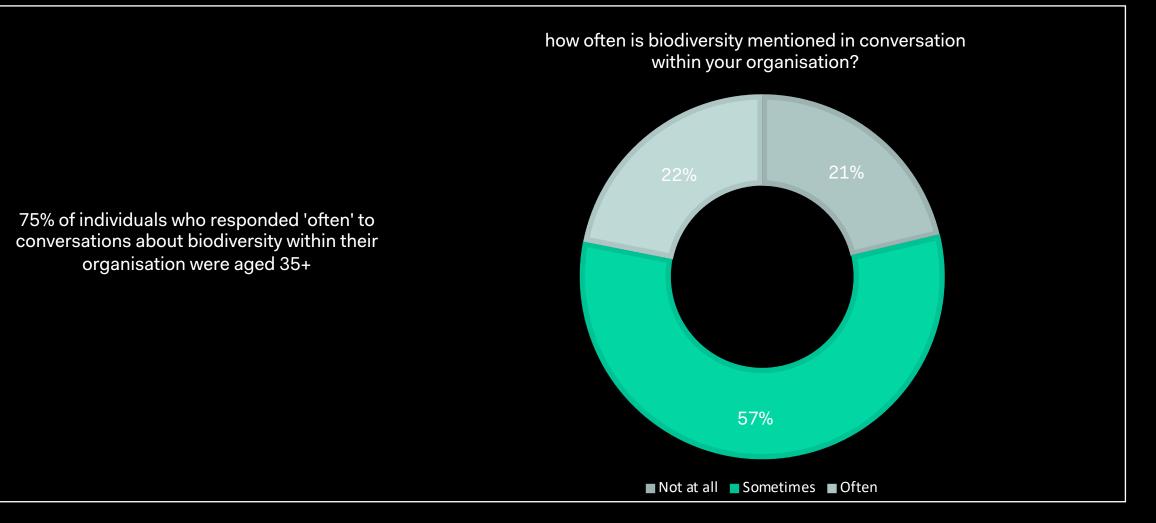
In contrast, among the 18–44 year-old demographic, a lower proportion (32%) expressed such agreement, with 17% reporting that their organisation did not actively promote nature education in sports.

does your organisation educate/inspire greater awareness/action for nature within sport/the wider community?



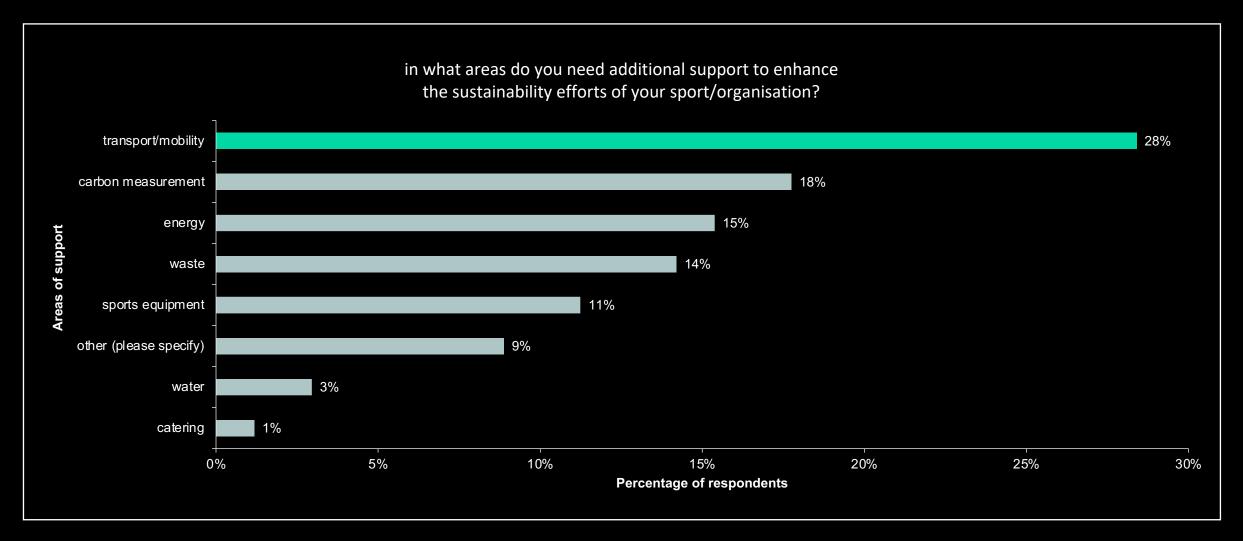
source: The Spot Audience Survey 2023, sample n = 170.

## only 22% report that discussions about biodiversity are often brought up within their organisation



### travel is thought to have the largest impact

Other factors understood to have an impact included carbon measurement/energy.



#### words to describe nature

Participants were asked to describe nature in 3 words.

#### biodiversity

biodiversity, flora and fauna, ecosystems, animals, plants, natural

#### environment

earth, clean, organic, balancing, ecosystem, preserve, resource

#### life

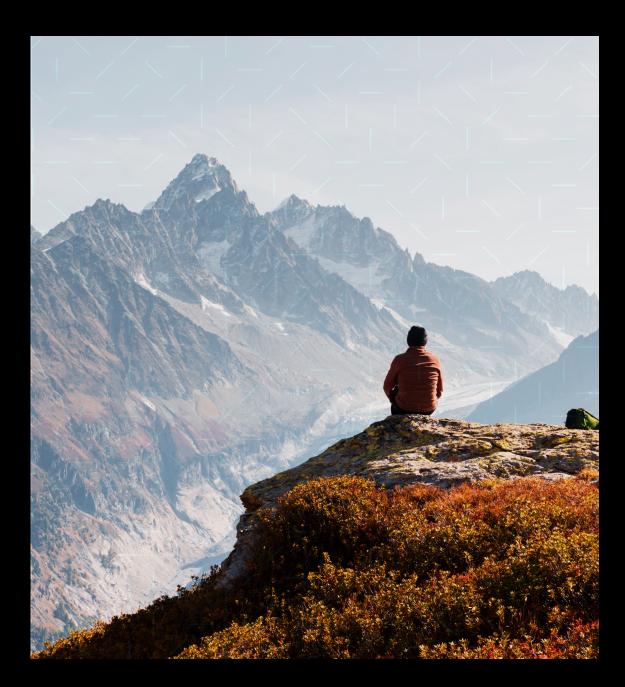
Iife, living, organic, life-basis, vital, wildlife 1

#### freedom

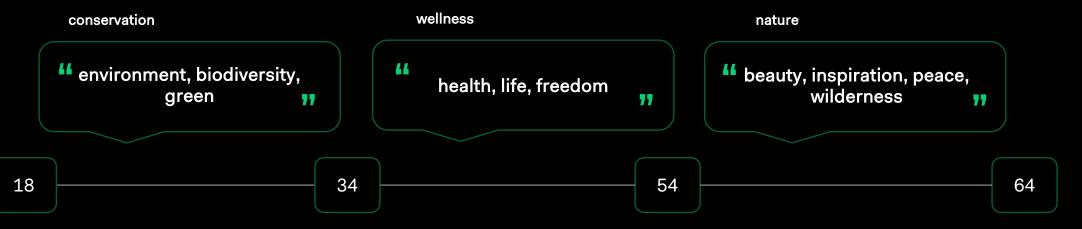
freedom, liberty, balance, harmony, unspoiled, calm, tranquillity, space, exploration

#### beauty

beauty, stunning, gorgeous, lovely, scenic, exquisite



#### differences



conservation advocates: this group is deeply committed to environmental conservation/ biodiversity. They understand the interconnectedness of all life and strive to ensure a sustainable, green planet for current/future generations. wellness seekers: this group sees nature as a source of renewal/inspiration/better health. They value nature as an escape from daily stress, recognising its positive impact on well-being, as well as eco-friendly practices for a healthier lifestyle. nature enthusiasts: this group is drawn to nature's beauty/ inspiration/tranquillity. They value the environment, seek freedom/ rejuvenation in green spaces, and may prioritise the health benefits of nature.

## thank you

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- hello@redtorch.sport
- Redtorch.sport